

This designed to give the farmer/gardener all of the information, techniques, tools, and support necessary to become a producer of cutting edge maximum quality crops in the Northeast.

### **SERIES DATES**

Whately, MA  
Jan-17, Mar-14, May-02, Jul-11, Sep-12 & Nov-14

Hartford, CT  
Jan-1, Mar-21, May-16, Jul-18, Sep-19 & Nov-21

Columbia County, NY  
Jan-10, Mar-07, May-08, Jul-10, Sep-11 & Nov-07

Montpelier, VT  
Feb-7, Mar-28, May-23, Jul-25, Sep-26 & Nov-28

Lincoln, MA  
Jan-23, Mar-13, Apr-24, Jun-27, Aug-29 & Oct-31

Series : \$270  
Per Workshop: \$50

For more details  
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For Registration See  
[www.realfoodcampaign.org](http://www.realfoodcampaign.org)

For links to the series  
you want to sign up  
for.



### Led by Real Food Campaign Director Dan Kittredge

An organic farmer since 1984 and former Executive Director of Remineralize the Earth, Dan has spoken at conferences & led workshops across the US.

These workshops draw from cutting edge research and long proven techniques that build the ideal soil environment for crop growth and production.

This series is also designed to take the grower step-by-step through the principles, practices, and materials that will optimize crop health and growth.

The essential premise of this series is that if all of the environmental factors are ideal for the crop that is being grown, it will perform to the potential of its DNA. That means nutritive levels will be at their peak, yields will be at their peak, as well as pest and disease resistance will peak. An ideal environment gives plants an opportunity to thrive.

Starting with the soil, mineral deficiencies are delineated with suggested correctives, primarily rock minerals, with some biological inoculants, bacterial and fungal and soil life food, fish, kelp, humates, and sugar or molasses.

We then move to seed inoculation, transplant inoculation, and soil energy monitoring. As the course progresses we will detail plant and soil monitoring, nutrient drenches and foliar sprays also.

We will cover numerous details on subjects rarely discussed such as plant physiology, plant and fungal/bacterial symbioses, the timing of growth and fruiting cycles and how to maximize their effect, and foliar sprays designed to effect leaf or fruit growth will be explained. Resources provided.

The entire course is based on a half principle/half practice daily schedule. We will meet one day every two months starting in January, and detail practices necessary to maximize the vitality of the biological system and crop for the next two months and principles behind why these